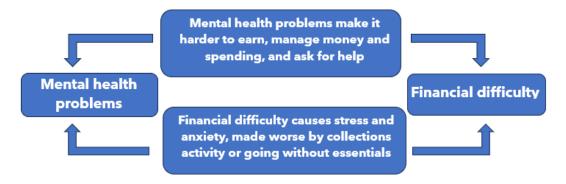




## FUSE Financial Offering valuable FREE advice on financial issues for Cove UK Team

\*You can contact FUSE directly through <u>Hello@fusefinancial.co.uk</u> or the Culture & Development team will send out Dayforce messages when we have drop-in sessions planned\*

- Mortgage advice purchases, remortgage, buy to let
- Insurance advice life cover, critical illness, income protection
- Home insurance buildings and contents insurance, landlords' insurance
- Private medical insurance
- Wills and equity release



## Did you know, employees take around 18 days off a year to deal with stress, depression, or anxiety?

Research from mental health charity Mind has revealed the impact rising mortgage costs and cost of living are having on people's mental health, as well as their finances. The findings show almost a third (29 per cent) of people (almost 14 million) in England and Wales have been affected by hearing about or experiencing increasing mortgage costs over the last year.

One in ten (10 per cent) said that it had affected their mental health a lot. The figures come as mortgage holders face a 15 year high with the Bank of England currently at 5.25% and standard variable rates at an average high of 8%.

Fuse financial are here to help Cove UK, and all team offering free mortgage and protection clinics, as well as drop-in sessions for advice. They have over 20 years' experience and understand that each of our team's financial circumstances may be different. Their aim is to share their knowledge and experience to help our tea, understand what they need. Having a local contact to talk to is very valuable, their aim is to share their experience to help team members understand what they need.